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FOR IMMEDIATE RELEASE:

### **Kids and Teens Exercise Body and Mind at Avon Grove Library**

West Grove, Pa., July 1, 2016 – This summer, children and teens are engaging in hands-on learning, discovering hidden talents by developing new skills, and enjoying nature through outdoor stories and play, thanks to Avon Grove Library. The West Grove institution offers many opportunities for fun during the month of July.

Children's/Family Programs:

- **STEAM Mondays** support science, technology, engineering, arts and math hands-on learning, 1-4 p.m. weekly. Families with children ages 3 and up can stop in each week for new projects. No registration is needed for this free program. (Some projects may have small parts and be inappropriate for younger children.)
- **Breakfast of Champions**, the library's popular Books and Breakfast program, will power up families on Saturday, July 16 at 10 a.m. Kids can enjoy sports stories, theme-related crafts and a free breakfast. No registration is needed.
- Bicyclists of all ages can pedal over to Goddard Park on Saturday, July 30 at 9:30 a.m. for the **Bike Parade**. After a bike safety presentation by AAA, participants will decorate their bicycles and ride around the park. This free program is open to all ages. No registration is needed.
- Families, preschoolers and school-age children can enjoy three **Cooks Among Books** programs this month. Attendees can explore healthy eating with an alphabet-themed program for preschoolers, a pizza making event for those of school age, and a big cook-off recipe sharing session for families. Registration is required for this free program.

Teen Programs:

Teens and tweens entering 6th through 12th grade visiting Avon Grove Library this summer can express their creativity, spend time with old friends, meet new people, and more:

- **Summer Jewelry Jam** crafters will make a bird's-nest charm, peapod charm, and earrings on Tuesday, July 12 at 4 p.m. There is a \$5 materials fee and registration is required.
- On Saturday, July 30 at 1 p.m., **Paint Party** attendees will make a colorful string-art plaque. There is a \$5 materials fee and registration is required.
- **Chocolate Olympics and Movie Night** will be held Friday, July 8 at 6 p.m. at West Grove United Methodist Church. Registration is required for this free program.
- It's **Trivia Day** on Friday, July 15 at 3 p.m. at the Library. Registration is required for this free event.
- Teens can join in **Field Night Fun** at Penn Township Park on Tuesday, July 26 at 6:30 p.m. Registration is required for this free event.
- **Pizza and Movie Night** will be held Friday, July 29 at 5:30 p.m. at West Grove United Methodist Church. Registration is required for this free evening.

More information about these and other events can be found at the library website:  
[www.avongrovelibrary.org](http://www.avongrovelibrary.org)

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Avon Grove Library is a vital educational institution, providing equal opportunity for self-directed learning, research assistance and instruction, and enriching experiences for over 30,000 people of all ages in southern Chester County. The library is a member of the Chester County Library System.

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